

OPTIMAX

EYE SPECIALIST

New Vision New Life™

Dry Eyes



Dry Eyes

Dry eye is a condition that results from an imbalance in the quantity and/or quality of tears. Tears bathe and lubricate the eyes. The tear levels are influenced by the amounts of production and loss via drainage and evaporation. When the balance is disrupted, dry spots appear on the surface of the eye and cause irritation.

There is no known cure for dry eye although you can relieve the symptoms and reduce your chances for complications. Severe dry eye can damage the surface of the eye (cornea and conjunctiva), cause infection, scarring or melting of the cornea, leading to irreversible loss of vision.

Causes of Dry Eyes

Dry eye occurs as part of the natural aging process. It is more common in women, especially during and after menopause. It can also result from medications such as antihistamines, antidepressants and birth control pills. Dry, dusty or windy living conditions certainly aggravate the symptoms of dry eye.

Dry eyes are also a manifestation of systemic diseases such as lupus, rheumatoid arthritis or Sjogren's syndrome (a triad of dry eyes, dry mouth, and rheumatoid arthritis or lupus).

Symptoms of Dry Eyes

- Scratchy or sandy feeling as if something is in the eye
- Stinging or burning sensation of the eye
- Excess tearing that follows periods of very dry sensation
- Eye discharge
- Pain and redness of the eye
- Heaviness of the eyelids
- Blurred, changing and decreased vision
- Contact lens intolerance or discomfort

Treatment

By examining the front surface of your eyes and measuring the amount of tears your eyes make, your Ophthalmologists can determine if you have dry eyes.

Artificial tears are the principle treatment for dry eye. Lubricating gels and ointments are sometimes used to provide symptomatic relief for a longer period of time, but they may cause slight blurriness of vision for a short time after they are applied. For frequent instillation, preservative-free lubricants are recommended.

People with more severe dry eye may benefit from temporary or permanent closure of the tear drainage

system (small openings at the inner corner of the eyelids where tear drain from the eye). This is achieved via insertion of silicone plugs or heat cauterization.

Other simple measure like using air humidifier, wearing wrap-around glasses when outside, and avoiding windy and dry conditions may bring relief.

Recent research showed that some anti-inflammatory preparations helped relieve dry eye symptoms. Your Ophthalmologists would be able to advise you.



Punctal plug for dry eye

WHY CHOOSE OPTIMAX



Experience

Since 1995, we are among the professionals to perform Lasik in Malaysia. Today, we boast over 90,000 satisfied clients.



Modern Technology

From diagnosis equipment to sophisticated laser engineering, modern technologies are used.



Total Convenience

With a comprehensive network covering most cities in Malaysia, customers can keep in touch with us more easily.



ISO Certified

We are a corporation in Malaysia providing world-class Lasik services that fulfil stringent ISO requirements.



Trusted Team of Professionals

We are occupied with a resident multi-specialty Ophthalmologist, practicing Optometrist, Vision Consultant, Nurses and Laser Engineer.



Life Time Warranty

Our Vision For Life program warrants your Lasik vision for a lifetime.*



HPMRS

All our Lasik procedures achieved results of 99% in functional visual acuity and 100% in safety tests audited by the Healthcare Performance Measurement Report System (HPMRS).**

*Terms and conditions apply

**Audited by third party

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